

In Our Veins: Healthy Things Grow

April 16, 2023

Healthy things grow and we believe this happens through spiritual formation which then leads to growth, and we cannot accomplish our mission without both. John 15:1-8 directs us towards what we need in order to grow healthy fruit in our lives. We need to connect ourselves to Jesus, cuts and prunes branches to produce more fruit, and remain in Jesus through the practices and habits we create.

Getting Started

Healthy things are starting to spring up and grow around us outside. Consider taking a short walk outside to be with God and notice what is starting to bloom.

Read

John 15:1-8

Digging Deeper

1. “Discipleship is not just a matter of acknowledging who Jesus is, it is having Jesus spiritually connected to our inner lives.” -Gary Burge

What are some practices that help you stay spiritually connected to Jesus in your inner life?

2. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. John 15:2

What old habits, old thought patterns, or old behaviors need to be pruned or cut out in your life?

3. What trellis do you have established in your life to help you grow good fruit and follow Jesus’ command to “remain in me”? Write out how you spend your time daily, weekly, and monthly and assess what you like and what you want to change.



THE LOCAL CHURCH