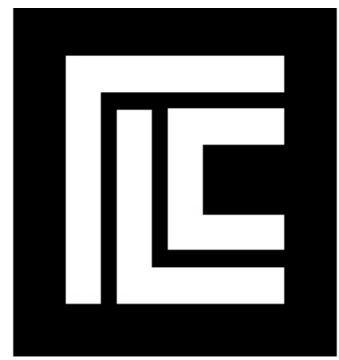


Deeper: Change for the frustrated, exhausted, and those on the brink

September 10, 2023

2 Peter 3:18



Most of us are certain that we are supposed to grow and change, especially if we are Christian! When we begin to think about how that change is supposed to happen though, feelings of uncertainty rush in. How do Christians grow? Is real change possible? This Sunday we uncovered that growth in Christ isn't about fixing or improving, adding or experiencing, but deepening our life in Christ.

Getting Started

On Sunday we began by reflecting on two things: (1) How you would rate your growth on a scale of 1 to 10 right now, and (2) A time that you remember really growing in Jesus. What came to mind during that time? What did you share?

Read

2 Peter 3:18; Ephesians 3:8-10

Digging Deeper

- Oftentimes we think of growth and change with the primary focus on some sort of behavior modification, or adding some information, or having a powerful experience, rather than a deepening of our relationship and life in Christ. Which of these three do you typically gravitate towards when you pursue growth or change?
- How did these two ideas resonate with you? What was your response?
 1. "We have reduced Jesus to manageable and predictable proportions."
 2. "Jesus is more committed to your growth in him than you are."
- If you had to describe Jesus in two words, what would you choose? What are the words you chose on Sunday?
- How did Sunday's message and the first chapter of the book (for those following along) impact your overall view of Jesus? Reflect together.



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