



As a group, watch sermon clip explaining blessing in its three forms.

BLESSING DEFINED: Acting in specific ways in the lives of others to alleviate their burden.

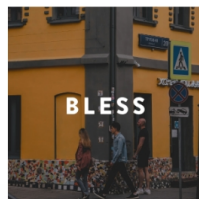
HAVE A DISCUSSION AROUND THESE 3 QUESTIONS

What part of Blessing (Words of Affirmation, Acts of Kindness, and Gifts) comes easiest for you? What part is most challenging?

What has been the most impactful way that you have been blessed by someone in your life?

How does that show the heart of God?

PRAY: Take time to thank God for his blessing on your life.

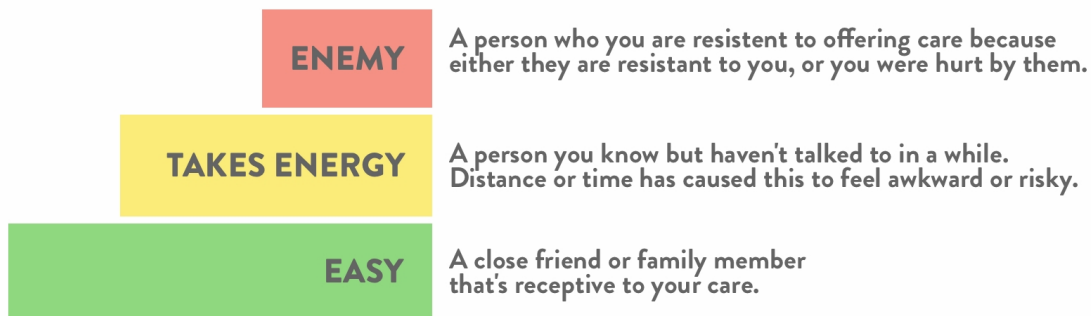




As a group, take 10 minutes and find one or two passages that stick out to you and speak about the power of words. If you need to use google, or do a word search in the Bible app!

Have each person share 1 of the passages that stuck out to them personally.

AS A LEADER, TAKE TIME TO DESCRIBE THE 3 LEVELS OF BLESSINGS.
see graph below



PRACTICE: IDENTIFY 1 PERSON FROM EACH LEVEL TO CONSIDER BLESSING WITH YOUR WORDS BEFORE OUR NEXT TIME TOGETHER.

PRAY: Take 2 minutes to reflect and pray silently for the person you identified in the enemy level. Allow this time to be honest and real before God.

Your prayer could be the affirmation you offer your enemy or that person that is hard to encourage.



ACTS OF KINDNESS

DEBRIEF: Spend 5 minutes debriefing how blessing others with words or affirmation went.

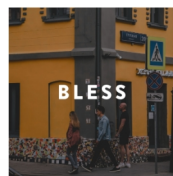
INTRO QUESTION: What's the kindest thing that someone has ever done for you? What made it memorable?

REFLECT: *God's kindness leads us towards repentance.* **Romans 2:4**
Why do you think this statement is true?

PRACTICE: Before our next time together commit to two acts of kindness. One that's impromptu (just happens) and one that's intentional (planned out).

TAKE 5 MINUTES TO PLAN YOUR INTENTIONAL ACT OF KINDNESS.

PRAY: Take time to thank God for His kindness towards you. Ask God to these simple acts of kindness to show His love to other.





GIFTS

DEBRIEF: Take 5 mins to debrief how blessing others with Acts of Kindness went?

INTRO QUESTION: What is one of the most meaningful gifts that you have ever received? Why?

READ John 3:16-17. Imagine giving up the most important thing to you. Jesus is the gift that God gave freely and generously. God is generous and invites us to reflect this generosity. Take 2 minutes to reflect on that gift.

PRACTICE: What is a sacrificial and meaningful gift that you can give someone who doesn't attend TLC? Who could that person be? What could the gift be?

